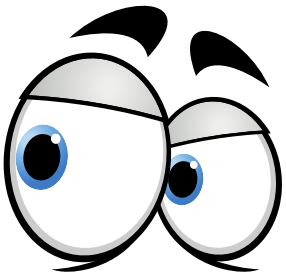
GETTING HELP

Getting help in Beastie Valley.

Activity Book

Draw OrangeBeastie

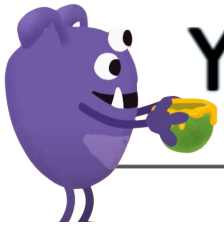
Orange Beastie learns that no matter how big your problem is, there will always be someone who can help you to find a solution!



GETTING HELP

WORD SEARCH

T	K	C	R	T	V	N	P	D	P	H
R	Y	O	E	V	H	B	X	X	R	F
U	O	N	A	D	U	L	T	W	O	I
S	S	F	C	C	W	Q	X	O	B	V
T	O	I	H	K	C	K	X	R	L	T
W	L	D	I	Q	U	I	R	R	E	G
O	U	E	N	Z	R	K	D	I	M	F
R	T	O	G	W	Q	Z	U	E	V	X
T	I	H	O	R	N	W	C	D	N	H
H	O	P	U	A	R	Q	A	P	H	T
Y	N	R	T	M	M	J	J	L	X	B



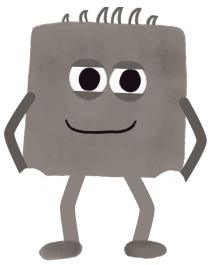
Word List

REACHINGOUT SOLUTION PROBLEM WORRIED HORN
TRUSTWORTHY ACCIDENT CONFIDE ADULT

Getting Help

Match the words to the first column

What OrangeBeastie felt when they broke their horn.	accident
A trusted adult beastie.	trustworthy
A safe beastie to confide in and get help from when having a problem.	embarassed
OrangeBeastie did not mean to break his horn.	adult beastie
Someone who is supportive and understanding.	SilverBeastie



Getting Help

Orange Beastie had a problem because they broke their horn. They had lots of big feelings about this and didn't know what to do.

Circle yes or no to what they did to get help.

YES! NO! Talked to a friend about their problem?

YES NO Thought it was their fault that they broke their horn?

YES NO Felt happy about their horn being broken?

Found a trusted adult beastie who could help them with their problem?

CREATED BY

Created by the Sexual Assault Crisis Centre of Essex County in partnership with Turtlebox Productions

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